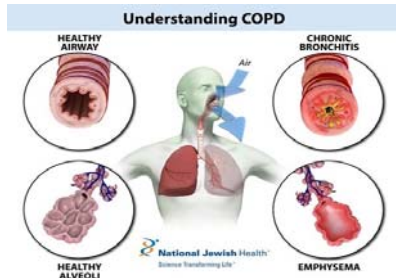


Treating Chronic Obstructive Pulmonary Disease (COPD) Patients in a Clinical Setting: Examining the Link Between a Specialized COPD Treatment Clinic and Measures of Mental Health

HAILEY ARSENAULT
MASTERS OF APPLIED HEALTH SERVICES RESEARCH STUDENT
UNIVERSITY OF PRINCE EDWARD ISLAND (UPEI)
hmarsenault@upe.ca

COPD BACKGROUND



- Chronic disease
 - Includes emphysema and bronchitis
- Affects the lungs
- Symptoms impact daily life functioning
 - Coughing, wheezing, difficulty breathing, mucous production
- No cure, but can be treated

PEI RELATION TO COPD

PRINCE EDWARD ISLAND



- Population in PEI (and Canada) is aging – leading to increased risk of chronic disease
- 1 in 3 Islanders (over the age of 12) have a chronic condition
- Estimated that 1 in 10 Islanders over 35 have COPD
- Extremely challenging to receive treatment

SO WHAT?

RIPPLING



EFFECT

RESEARCH QUESTION

Will COPD patients in PEI who are receiving specialized treatment at the UPEI COPD Clinic show improvement in their self-actualization, depression and anxiety after completing 12 weeks of the COPD treatment program?

HYPOTHESIS

COPD patients who receive specialized treatment will show improvement in their self-actualization, depression and anxiety after 12 weeks of the COPD treatment program.

RESEARCH DESIGN

